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What's Inside?

- Happy Father's Day-Thanks For Being You -
- Watch For Tax Rebate Scams -
- The Real Buzz About Honey -
- June Events-
- Money Saving Offers-
- & Much More!



What's The Answer?



What Spice Can Improve Your Health?

- *How Much Honey Does The Average Worker Bee Produce In It's Lifetime ?*
- *What Are The 8 Rules That Will Keep You Safe On The Road This Summer?*



The Answers To These And Many Other Questions Are Inside.



A Free, Friendly, Fun Monthly Newsletter From Your Friends At **auto world WEST LOOP**

Honor Thy father

Fathers play a special, irreplaceable role in people's lives. Let them know that. On June 20th, skip the tie and tell your dad what he means to you from the bottom of your heart. Some suggestions:

- ❖ **Write a letter thanking your father for all he's done and all he means to you.** Read it in front of him and the whole family. You can frame it and even add photos or other mementos.
- ❖ **Create a thank-you book.** Buy a small book of blank pages. On each page, write why you're thankful for him. Example: "Thanks, Dad, for all the help you provided on my algebra homework when I was a kid." Send it around to your other siblings and have them contribute the reasons they're grateful.
- ❖ **Create a review of your father's life.** Get family members and old friends to write down their memories of your father. Then write a script incorporating all the stories and present it to him.

The Best Men In Our Lives, Our Fathers

"He opened the jar of pickles when no one else could. He was the only one in the house who wasn't afraid to go into the basement by himself. He cut himself shaving, but no one kissed it or got excited about it. It was understood when it rained, he got the car and brought it around to the door. When anyone was sick, he went out to get the prescription filled. He took lots of pictures, but he was never in them."

-Erma Bombeck

June Events

June 1 st	Hurricane Season Begins
June 14 th	National Flag Day
June 18 th	Father's Day
June 21 st	Summer Begins
June 21 st	National Ask Day
June 4-10 th	National Pet Appreciation Week
June 1-30 th	Children Awareness Month
June 1 – July 31	Fireworks Safety Months



Kids & What They Say About Dad

"When your dad is mad and asks you, 'Do I look stupid?' don't answer him."
-Heather, age 16

"Remember, you're never too old to hold your father's hand."
-Molly, age 11

Watch For Tax Rebate Scams

When you are expecting a tax rebate from the government, criminals may be eager to take it away from you with email scams. They ask you to click on a fake IRS link and give your Social Security number and banking information. Remember, the IRS is not sending emails about refunds.

Access the IRS Website only through www.irs.gov, not by clicking on an attachment in any email.

Other criminals call on the telephone. They say your money will come sooner if you give them your banking information so the money can be sent by direct deposit. The IRS never does this.

Reducing GLARE From The Road

The Arizona Department of Public Safety reminds motorists that it's necessary to clean your vehicle's windshield more often in the summer months. "Wash your windshield thoroughly and often," it says. "A dirty windshield amplifies glare and will reduce your overall vision."

The department also advises deflecting the light with a sun visor. "The human eye is an extremely sensitive instrument. Direct sunlight can have a dangerously distracting, tiring, and often blinding effect on a driver."

June is vacation month and a good month to be car care aware. A driver's worst nightmare, especially in heavy traffic, is brake failure. It's one of the more common causes of accidents, yet it is predictable and preventable. Learn the early warning signs of brake trouble, such as a squealing or scraping sound, soft pedal action or pulling to one side.

Spice Up Your Health

An apple a day may keep the doctor away, but half a teaspoon of cinnamon can have remarkable effects, too.

Government researchers report that cinnamon improves insulin activity, which in turn improves blood sugar concentrations. According to the United States Department of Agriculture, consuming as little as about a half teaspoon of cinnamon a day can lead to dramatic improvement in blood sugar for people with Type 2 diabetes. Those who have elevated glucose, triglycerides, LDL cholesterol, or total cholesterol levels may benefit from the daily inclusion of cinnamon as well, researchers say.

Consuming this amount of cinnamon is safe and users should not experience any ill effects, the researchers say. Shake a little in your coffee, or make tea with ground cinnamon or cinnamon sticks. The good news: The active ingredients are not destroyed by heat. Try it in your oatmeal, on vegetables-even in main dishes like spaghetti or meatloaf!

The Real Buzz About Honey

Next time you make a cup of tea and drizzle a little honey in it, take a moment to consider some near-miraculous facts about that "yellow gold," provided by the National Honey Board:

Honeybees must tap 2 million flowers to make one pound of honey.

A bee will visit an average of 50 to 100 flowers during one collection trip.

A hive of bees flies more than 55,000 miles to produce one pound of honey.

An average worker bee produces one-twelfth of a teaspoon of honey in its lifetime.

Bees have been producing honey for 10 million to 20 million years.

Finally (though you may not care to know this), honey is the alchemical result of flower nectar mixed with bee spit.



Kids Are Out For The Summer

Hotter and longer days can only mean one thing - summer has arrived. The arrival of summer means more children outside, playing and riding their bicycles. Please stay alert as you drive through your neighborhoods.

An average vehicle weighs approximately 6,000 pounds. The laws of physics, as I understand them, means a 6,000 pound object traveling at 25 miles per hour, will travel about 62 feet before coming to a complete stop. So please be careful.

Good Old Safe Ideas Could Save You From A Summer Crash

Its about that time. A road trip to a cottage, beach or Grandma's house is probably in the works. For a safer trip, consider these new and old ideas about how to get there in one piece.

Just drive. Don't talk or listen to someone on your cell phone. According to the University of Rhode Island, using a cell phone reduces your ability to see while talking and in the moments while hanging up.

Some studies show that using a hands-free cell phone can give you a false sense of safety. Just listening on a cell phone can cause a decrease of up to 37 percent in the ability to process visual information on the road.

Make sure everyone is buckled up. Not only is it safer for them, but in an emergency stop. An unbuckled backseat passenger could fly into you and cause you to lose control of the car.

Know your route so you don't have to find a road and drive at the same time. GPS systems are helpful if they don't block your view of the road and don't take your mind off of driving. Always do the programming before you start. Pull off the road to make any changes during the trip.

Yes, give 'em a brake. Go slow in construction zones. National Highway Transportation Administration (NHTSA) says more than 1,000 people die in construction zones each year.

Take a pal along on a long drive. Most fall-asleep crashes happen when people are driving alone, usually in the dark. Be well-rested before starting and take breaks every couple of hours. An Ohio State University study shows you will feel less stressed driving on a scenic route than on an Interstate.

Keep the kids entertained. Provide toys and games so their noise will not distract you from your driving.

Avoid following a truck or SUV if you can. Your risk of a rear-end collision rises because you can't see around them and adjust your speed to conditions.

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We will be open Saturday, June 10, 2017. 713-623-4418 Always the second Saturday of the month

Celebrate Dad!

Want to make this Father's Day memorable for yourself, your dad or special someone? Let us help!! With our Father's Day Special you can bring his or your car maintenance up to date (for an incredibly low price) and we'll help you maintain your vehicle's value and dependability by offering the following Specials:

<p>Save \$ 5.28 on</p> <p>Oil & Filter Change</p> <p><small>Expires 6-30-17 Cannot Be Combined with Any Other Offer</small></p>	<p>Save \$41.68 on</p> <p>Any 30,000, 60,000 Or 90,000 Mile Factory Recommended Service</p> <p><small>Expires 6-30-17 Cannot Be Combined With Any Other Offer</small></p>	<p>Save \$ 24.88 on</p> <p>Front Or Rear Brake Service</p> <p><small>Expires 6-30-17 Cannot Be Combined With Any Other Offer</small></p>
<p>Save on Labor!</p> <p>\$50.00 Take 5% Off Labor \$51.00-\$100.00 Take 8% Off \$101.00-\$150.00 Take 10% Off \$151.00-\$200.00 Take 13% Off \$201.00 & Up Take 15% Off</p> <p><small>Expires 6-30-17 Cannot Be Combined With Any Other Offer Maximum Savings of \$50.00</small></p>	<p>Save \$ 16.58 on</p> <p>Transmission Fluid Flush</p> <p><small>Expires 6-30-17 Cannot Be Combined With Any Other Offer</small></p>	<p>FREE</p> <p>A/C Service</p> <p>When Repairs Are Performed Here</p> <p><small>Expires 6-30-17 Cannot Be Combined With Any Other Offer Repairs must be performed same day</small></p>



Thanks For The Kind Words



"I Have moved out to Hwy 6 & W. Little York. However I will continue to come here for all my maintenance and repairs. I really appreciate the service here and the extra miles are well worth it. Gerry & his staff are most helpful." Dan - Trailblazer



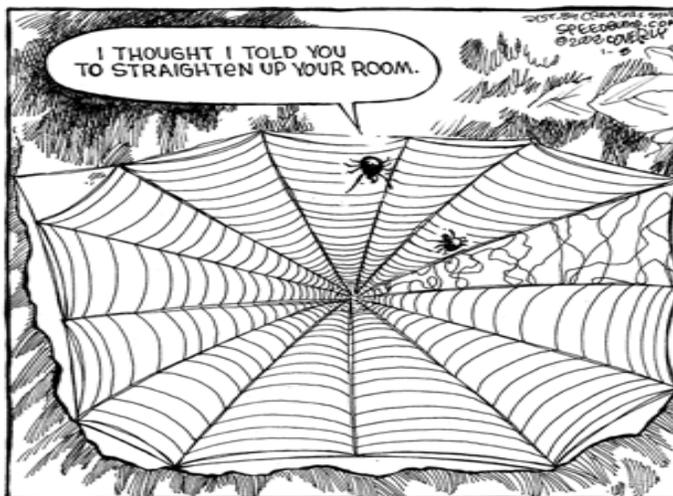
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For The Month of June Referrals, Referrals, Referrals

We'll pay you 30 bucks for every person you refer to us that becomes a client. That's right a \$30.00 Gift Certificate for every person!!

So what are you waiting for?
 Start referring right now!!
 Make sure you tell your friends to give us your name.

Wow!



The material in this newsletter is for informational purposes only. This newsletter should not be construed as offering professional advice.

Registration Sticker Due In June.



***Remember you do not have a state inspection sticker on your vehicle anymore. You need to go by the registration sticker to determine when you need an inspection. You must get an inspection prior to renewing your registration.**