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***Your August
Newsletter Is
Enclosed***

What's Inside?

- A New Family Addition-
- Healthful Berries-
- August Events-
- Money Saving Coupons-
- & Much More!



What's the Answer?

- *How Can You Stand Out At Work?*
- *Were there Dwarf Dinosaurs?*
- *Are Kosher Foods Healthier?*

**The Answers To These And Many Other
Questions Are Inside.**



Stand out at work

Doing a good job isn't enough to succeed at work. You've got to be visible to make a real impact. Here's how to raise your profile in your workplace:

- Talk to your boss. Make time to check in with your manager when you don't have a problem to report or a question to ask. Don't try to hog his or her time; just discuss what's going on, drop a suggestion, or chat. This builds a routine of regular, informal communication that can enhance your boss's opinion of you.
- Network to share your expertise. Get to know the most talented people in your organization, regardless of their job title or position. Don't bug them for advice or assistance, though—you'll earn a positive reputation if you help them out whenever you can. You'll establish positive relationships and gain a reputation as someone who puts the organization's objectives first.
- Praise others. Sometimes the best way to gain credit is to give it. When you achieve something significant, make sure your boss knows who helped you (and that they know you're sharing the information). Not only do you look like a generous colleague, but you'll also be seen as a good team player.
- Volunteer. Don't wait for your boss to ask you about joining a task force or committee. It'll bring you into contact with colleagues outside your department and brighten your image throughout the organization.

Some kooky ways to spike your creativity

Everyone, it seems, wants to be more creative. But how? Here are few ways to spark the creative juices and kick off some creative adventures. Shake things up a bit—so that you become less dulled to the experiences you have:

- Write an anonymous letter to a younger person to save them from some trouble in their lives.
- Take down all the artwork in your house and replace it with blocks of rectangular color. Change the color each week and check out your response.
- Trade your couch with your neighbor's couch for a month.
- Get a camera, some pads of paper and a couple of friends. Select someone on the street. Go up to that person and start taking pictures and asking for that person's autograph.
- Buy some cheap flowers and hand them out to strangers during the day.
- Stop a stranger on the street and give him or her \$10.
- Write poetry on the street corners with colored chalk.
- Secretly do something nice for a friend. Do the dishes, fold a load of clothes.

A short course in high finance

A college student was buying a textbook on finance for one of his classes and was shocked at the price: \$125.

"How much will you pay me when I sell this back to you at the end of the semester?" he asked the manager.

The manager consulted his computer and answered, "We'd pay you \$50."

"That's crazy!"

"Yeah," the manager agreed. "I always thought that anyone who buys a \$125 book for a finance class and sells it back for \$50 should flunk the course."

August Events

August 6 th	Friendship Day
August 7 th	Beer Day
August 13 th	Left Handers Day
August 15 th	Assumption Day
August 19 th	National Aviation Day
August 26 th	Womans Equality Day



Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to give us a call at **713-623-4418**. Gerry@AutoWorldHouston.com

That familiar slogan, **Be Car Care Aware** takes on special meaning when applied to the vehicle's numerous fluids, five of which you should check or have checked regularly. These are brake fluid, engine oil, transmission fluid, antifreeze coolant and windshield washer fluid. They're easy to check or, if you prefer, we'll do it for you. We're car care aware and you should be to.

Healthful Blackberries

Besides being a sweet, juicy summer fruit, blackberries are good for you. One serving (about a cup) provides six grams of fiber (compared to three grams for an apple and two for an orange), as well as healthy amounts of folate, vitamin C, potassium, and antioxidants.

How to motivate your child, worker, or anyone else for that matter

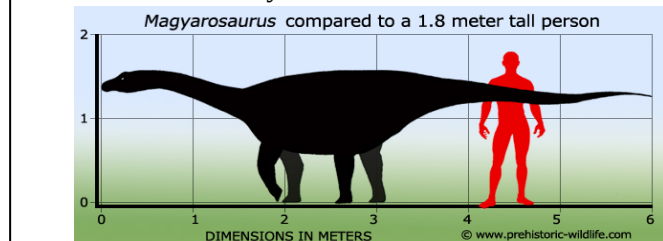
If you need to motivate someone in your life, here are a few general principals of motivation that might be of help:

1. Create a favorable environment and attitude for learning. Try to capture the attention and curiosity of the person you intend to motivate.
2. Incentives promote learning, so use them. Incentives can be praise or privileges, or actual material rewards.
3. Try to boost internal motivation that does not need to be concretely rewarded often. Otherwise, the person may not find his or her own true motivation in the long run.
4. Sometimes you just have to wait until people are ready to learn. You have to give them a little room and then when you see they are ready you can begin the program you have chosen to motivate the person.
5. Pay attention to how the information you are trying to get across to the learner is organized. It can make a difference in whether the learner is motivated or not.
6. Sometimes when people are learning something new they become anxious. The person who is trying to motivate and teach should know this and be ready for it. It will benefit the learner if you create an accepting and cushioned atmosphere in which he or she can take risks, fail and come back to try again without fearing shame or ridicule.

Scientists confirm existence of dwarf dinosaur

Most of us think of dinosaurs as huge reptiles thundering across the landscape, towering over trees and smaller animals. Though some were indeed huge, others weren't—even in the same dinosaur family. And no it's not Barney, although that's what I thought.

The *Magyarosaurus dacus*, a member of the titanosaur dinosaur group that included some of the largest plant-eating dinos, was only the size of a small horse when it roamed what is now Transylvania some 70 million years ago. The remains of the *M. dacus* were debated for years by paleontologists who couldn't decide whether a specimen dug up in 1895 represented a full-grown (but small) dinosaur or a youngster. Scientists at the University of Bonn, Germany, recently analyzed the bones of all known specimens of *M. dacus* and concluded that they were indeed "dwarf" dinosaurs, who probably didn't evolve to massive heights because of the environment on the island where they're believed to have lived.



Are kosher foods healthier?

Keeping kosher isn't just a matter of religion lately. Many shoppers are buying kosher foods because they think kosher is safer and healthier.

According to a survey by market research firm Mintel, 51 percent of people who buy kosher foods, which are prepared according to dietary and processing codes under traditional Jewish practice, do so for the "general healthfulness" of such foods. About one-third buy kosher because they believe food safety standards are higher than standards of regular supermarket foods. Just 15 percent of respondents say they purchase kosher foods because of religious beliefs. The New York Times has reported that sales of kosher foods hit \$12.5 billion in 2008, an increase from 2003 of 64 percent.

Nutrition experts point out that kosher food practices were created for religious reasons, and there's no evidence that kosher food is healthier or safer than any other kind.

**ARE YOUR BRAKES
READY FOR THE BACK
TO SCHOOL TRAFFIC?**

FREE
Brake Inspection &
45 Point Safety Inspection
Let Us Make Sure Your Vehicle Is Ready
For The Back To School Season!



Is Your Vehicle Ready For The Back To School Grind?

If there is going to be one.

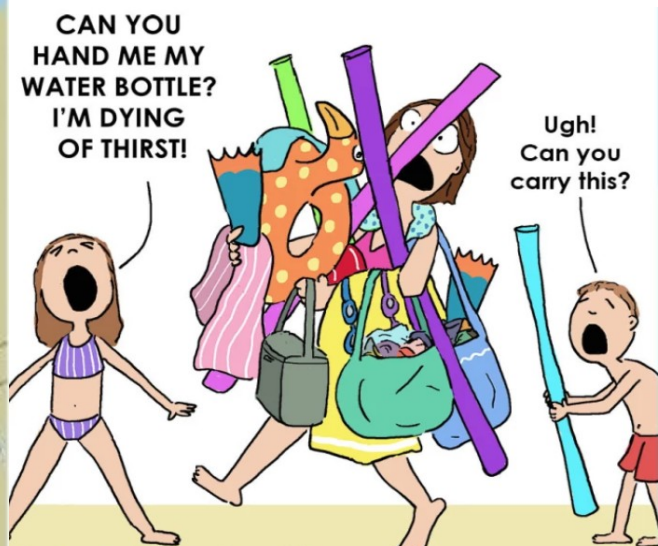
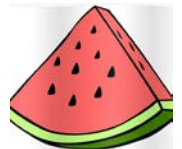
Here are our special service packages to get your vehicle ready, or not, for back to school!

\$ 5.28 Off Oil & Filter Change Expires 8-30-26 Cannot Be Combined With Any Other Offer	\$ 15.28 Off Synthetic Oil & Filter Change Expires 8-30-26 Cannot Be Combined With Any Other Offer	\$ 21.89 Off Front Or Rear Brake Service Expires 8-30-26 Cannot Be Combined With Any Other Offer
Save on Labor! 0-\$50.00 Take 5% Off \$51.00-\$100.00 Take 8% Off \$101.00-\$150.00 Take 10% Off \$151.00-\$200.00 Take 13% Off \$201.00 & Up Take 15% Off Expires 8-30-26 Cannot Be Combined With Any Other Offer Max Savings of \$50.00	\$ 15.58 Off Transmission Service Expires 8-30-26 Cannot Be Combined With Any Other Offer	FREE! Air Conditioning Service When repairs are performed here. Expires 8-30-26 Cannot Be Combined With Any Other Offer

**Free
Brake
Check
Always**

Thanks For The Kind Words

"Love this spot! Staff is always friendly and helpful! Very personable and knowledgeable individuals. I come here for all my service needs! Great to have trustworthy people working on your car". Lauren



The material in this newsletter is for informational purposes only. This newsletter should not be construed as offering professional advice.

State Inspection Due In August.



***Remember you do not have a state inspection sticker on your vehicle anymore. You need to go by the registration sticker to determine when you need an inspection. You must get an inspection prior to renewing your**