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What's Inside?

- The History Of Mother's Day-
- Teach Your Children To Be Safe-
- Memorial Day, May 27th -
- May Events-
- Money Saving Offers-
- & Much More!

What's The Answer?



- *What Is A Stroke?*
- *What Is The Third Child's Name?*
- *Honoring Mom With The Gift Of Self-Improvement?*
 - *Who's Helping You?*
- *Can Diet Drinks Really Make You Gain Weight?*

The Answers To These And Many Other Questions Are Inside.



Do you recognize the people who help you?

During the Vietnam War, Navy pilot Charles Plumb was shot down and held prisoner for six years in a Vietnamese prison. Today, as a motivational speaker, he often tells the story of one man he met years later at a restaurant.

"I know you!" the man said, walking up as Plumb and his wife were sitting down to dinner. "You used to fly jet fighters off the Kitty Hawk during Vietnam."

Plumb didn't recognize him. "How did you know that?" he asked.

"I used to pack your parachute," the man said.

Plumb still didn't recognize the man, but he thanked him. "If that chute hadn't worked when I got shot down," he said, "I wouldn't be alive today."

But that night Plumb couldn't sleep. "I kept wondering what he might have looked like in a Navy uniform: a white hat, a bib in the back, and bell-bottom trousers. I wondered how many times I might have seen him and not even said, 'Good morning, how are you?' or anything because, you see, I was a fighter pilot and he was just a sailor."

At this point in his lectures, Plumb asks his audience, "Who's packing your parachute?"

Who provides you with what you need to survive every day? Do you recognize them? Do you thank them enough?

Plumb's message: Start paying attention to the people who "pack your parachute" today.

May Events

May 2	National Prayer Day
May 5	Cinco de Mayo
May 7	School Teacher's Day
May 12	Mother's Day
May 27	Memorial Day
May 1-31	Military Appreciation Month
May 1-31	Motorcycle Safety Month

Teach your children to be safe at any age

Parents worry about their children; it's a fact of life. Teaching them to be safe as they grow and explore is one of your most important jobs. But with so many potential threats to worry about, the task can seem overwhelming.

Here are a few basics to concentrate on:

- Discuss safety calmly. You want your children to be careful, not terrified. When you talk about safety matters, emphasize that your main concern is their welfare. Listen to their concerns, and answer their questions as clearly and honestly as you can.
- Highlight important information. Be sure your younger children know their home phone number and address, as well as contact information for another relative or trusted adult.
- Don't just talk about strangers. Attacks or abductions by total strangers are (thankfully) very rare. Let children know they should tell you anytime they're made uncomfortable by someone's behavior, even if they know the person well.
- Play "what if?" Rules and advice can be too abstract for young minds to understand. Make it real by asking children what they would do in certain situations: If a stranger tried to get them into a car, for example, or if they got lost in a shopping mall.
- Discuss body issues. Let your children know that no one should be allowed to touch them in personal areas. Teach them what areas you're talking about, with the proper names, so they can tell you accurately if something happens.

Take a quick mental workout

If your brain needs a little exercise, try stretching it with some of these brain teasers:

1. Can you move one of the numbers in the following equation to make it correct?

$$62 - 63 = 1$$

2. What's significant about the numbers in this series?

8 5 4 9 1 7 6 10 3 2 0

3. Fred's mother had three children by three different fathers. One child is named April; another is named May. What's the name of the third child?

1. $2^6 - 63 = 1$ ($2 \times 2 \times 2 \times 2 \times 2 = 64$) 2. They're in alphabetical order. 3. The third child is named Fred.

A national survey shows 89% of woman feel service facilities treat women differently than their male counterparts. In the same report three out of four women said *they* make the decisions about the maintenance of their vehicles. Gender makes no difference in the way we treat our customers. **Everyone** receives first class treatment because we want all of our customers to be **car care aware!** **713-623-4418**

Was It A Stroke?

When bleeding or a blood clot prevents oxygen from getting to the brain, the result is a stroke - a dangerous condition that can cause permanent damage or death. Every minute counts when it comes to treating a stroke victim, so it's important to identify the symptoms as fast as possible to see whether it is really a stroke. Recently, doctors developed a simple three-step test to see if a person may have suffered a stroke:

1. Ask the person to smile.
2. Ask him or her to raise both arms.
3. Ask the person to speak a simple sentence.

These questions can identify facial or arm weakness or impaired speech, any of which can be a stroke symptom. Call 911 immediately and tell the paramedics that you suspect a stroke so they can bring appropriate equipment and rush the victim to the nearest hospital or one that specializes in treating strokes.

Diet Drinks May Cause Weight Gain

It doesn't sound logical, but, according to a recent study, people who drink diet soft drinks don't necessarily lose weight, they may gain it. Sharon Fowler, MPH, and fellow researchers at the University of Texas Health Science Center, San Antonio, found that for every can of diet soft drink consumed daily, a person's risk of obesity went up 41 percent. Fowler doesn't believe that drinking diet soda directly causes weight gain but that something linked to diet soda consumption seems to be linked to obesity. One theory is that diet drinks, which taste like they contain calories but have none, provoke the body into wanting something that isn't there and thus stimulates the appetite. In another study, rats fed artificial sweeteners craved more calories than rats who were fed real sugar.

Bumper Stickers For Mom

- ✿ Behind every successful woman is herself.
- ✿ Oh My Gosh. I think I'm becoming the man I wanted to marry!
- ✿ Ginger Rogers did everything Fred Astaire did, but she did it backwards and in high heels.
- ✿ A woman is like a tea bag...you don't know how strong she is until you put her in hot water.
- ✿ I have yet to hear a man ask for advice on how to combine marriage and a career.
- ✿ Of course I don't look busy...I did it right the first time.
- ✿ Do not start with me. You will not win.
- ✿ How can I miss you if you won't go away?

And Last But Not Least:

- ✿ If you want breakfast in bed, sleep in the kitchen.

Mother's Day: Honoring Mom With The Gift Of Self-Improvement

The young fellow shown in a TV commercial had a good idea. Instead of buying a gift for his mother, he fulfilled one of her fondest wishes by showing up at me family dinner in a new suit rather than his usual junky clothes.

Another guy pleased his mom (and himself) by paying to have a big tattoo removed.

It's a new idea in gifts, spending money on something for yourself that would please your biggest fan. Some singles are signing on with a dating service because their moms are hoping to see grandchildren before too long. Others are visiting financial planners to show that they are finally taking control of their futures.

The Mother's Day gift of self-improvement is more popular with 20-somethings who were raised as the center of their parents' universe. But it works for people at various stages of life. They know what their mothers would dearly love to change about their offspring's lives. Doing it is a gift for their mothers and themselves.

If you can't think of a personal flaw to change in order to please your mom, flowers, candy or a restaurant brunch are still appreciated. A card or phone call is also nice.

*"If you cannot do great things,
do small things in a great way."
-Napoleon Hill*

Mother's Day

Anna Jarvis is credited with bringing about the official observance of Mother's Day, but she was actually carrying on the work of her own mother. Mrs. Anna Reeves Jarvis had tried to establish "Mother's Friendship Days" in the late 19th century as a way to help heal the emotional wounds of families torn by the Civil War. She died in 1905 before realizing her goal.

Two years later, her daughter held a church ceremony in Grafton, W. Va., to honor and remember her. She donated 500 white carnations for the service, her mother's favorite flower, to the church, and many churches continue the tradition of passing out carnations on Mother's Day. Pink or red carnations are given to people whose mothers are living, and white for people whose mothers have passed away.

In 1910, West Virginia became the first state to recognize Mother's Day, and the other states soon followed suit. In 1914 after an act of Congress, President Woodrow Wilson officially proclaimed the second Sunday of May a national observance.

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\$54.88*
We Will:*

Mothers Day Special

- Change Oil & Filter
- Rotate Tires & Check Air Pressure
- Check Entire Brake System
- Inspect Belts And Hoses
- Inspect Suspension & Exhaust
- Check For Oil, Transmission, Power Steering & Coolant Leaks
- Check Condition Of Battery & Charging System
- Inspect lights, Wipers & 20 Other Items

*Regular
Price \$123.07*

We will be open Saturday, May 11, 2019. 713-623-4418 Always the second Saturday of the month

National Car Care Month

This annual event gears us up to remember the importance of "Preventive Maintenance". We find that most neglected maintenance items are cooling systems, transmissions, brakes, power steering fluid service and oil changes. And since it's never safe to gamble when it comes to your vehicle—we'll help you maintain your vehicle's value and dependability by offering the following Car Care Specials:

<p>\$ 5.28 Off</p> <p>Oil & Filter Change</p> <p>Expires 5-31-19 Cannot Be Combined With Any Other Offer</p>	<p>\$ 41.68 Off</p> <p>Any 30,000, 60,000 Or 90,000 Mile Factory Recommended Service</p> <p>Expires 5-31-19 Cannot Be Combined With Any Other Offer</p>	<p>\$ 21.89 Off</p> <p>Front Or Rear Brake Service</p> <p>Expires 5-31-19 Cannot Be Combined With Any Other Offer</p>
<p>Save on Labor!</p> <p>0-\$50.00 Take 5% Off \$51.00-\$100.00 Take 8% Off \$101.00-\$150.00 Take 10% Off \$151.00-\$200.00 Take 13% Off \$201.00 & Up Take 15% Off</p> <p>Expires 5-31-19 Cannot Be Combined With Any Other Offer Max Savings \$50.00</p>	<p>\$ 15.58 Off</p> <p>Transmission Service</p> <p>Expires 5-31-19 Cannot Be Combined With Any Other Offer</p>	<p>\$ 15.05 Off</p> <p>Air Conditioning Service</p> <p>Expires 5-31-19 Cannot Be Combined With Any Other Offer</p>



Thanks For The Kind Words



"I have been going to Auto World for over 12 years, and will never take any car I own anywhere else as long as they are around. It is rare to find an auto shop that is honest, has integrity, and is trustworthy. Even though I know nothing about the mechanics of a vehicle, I have never felt taken advantage of or talked down to. They go out of their way for the customer with a free shuttle, coupons in the mail, and monthly newsletters, and I appreciate their dependable care of my 4Runner -- almost 300K miles and still running like new."

Laura Runnels – 4Runner

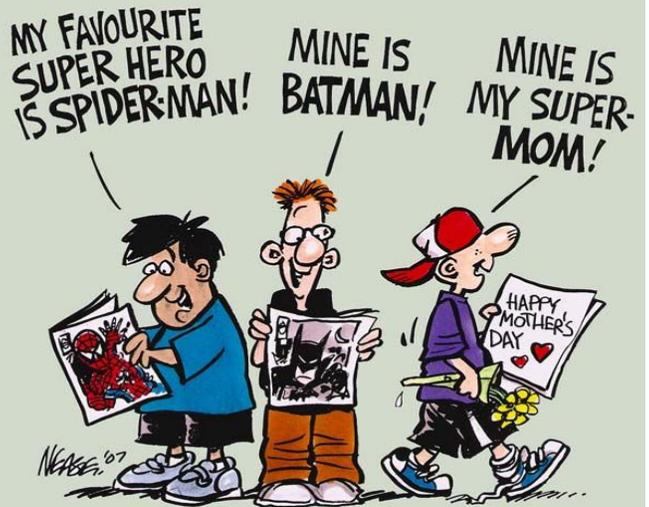


Thank You to our super duper clients who referred their friends and family last month and

Welcome to our new clients for the month of April.

- | | | | |
|-------------------|-------------------|-------------------|--------------------|
| Steve McHale | Sarah Bahrends | James Dempsey | Larry Katz |
| Talon Maxwell | Jan Helgeson | Sarah Gawick | Cole Masters |
| Daniel Valenzuela | Alberto Santiago | Jessica Clifford | Anna Kazymirko |
| Elisa Garcia | Tasha Davis | Daniel Cruz | Michelle Nguyen |
| Marty Marty | Mario Mario | Aaron Perkins | Savannah Strohmayr |
| Samantha Long | Apollo Suggs | Khalid Alhemaiddi | Ashley Toma |
| Dr Howard | Corky Jones | Clay Beaver | Brooke Weil |
| Allen Childress | Kristi McHniel | Jami Croft | Logan Armatys |
| Pierre Baradat | Elano Deleon | Tami Benton | Jacob Khrialeally |
| Vicky Carrillo | Conzuelo Letelier | Zauder Castro | Amahra Browne |
| Charolette Couch | John Thompson | Floyd Haddock | Adam Edry |
| Kelly Collado | Timothy Bell | Roumi Vekilov | Chuck Talbot |

We just couldn't do it without you! Thank You!



State Inspection Sticker Due In May.



Did You Know That The Warranty On Your New Vehicle Stays In Effect When Maintenance And Repairs Are Performed Here. Really!